

Pam's YOGA HOLIDAYS AT AQUATICA RESTO, BAR, SPA, YOGA, COTTAGES...

INTRO

Ashvem beach is the most beautiful and a well-known holiday destination of North Goa. Mostly Russian, European and Israeli tourists along with rare sea turtles populate this pristine beach. The remote location of this place is perfect haven for party people, honeymooners and nature lovers. Indian travelers have recently explored Ashvem and surrounding areas. This place is very close to other popular tourist destinations and major towns of Goa like Mandrem, Siolim, Mapusa, Anjuna, Candolim Panaji, etc. we are 55kms from the airport and 25kms from the new proposed international airport.



Evening view of restaurant

CONCEPT

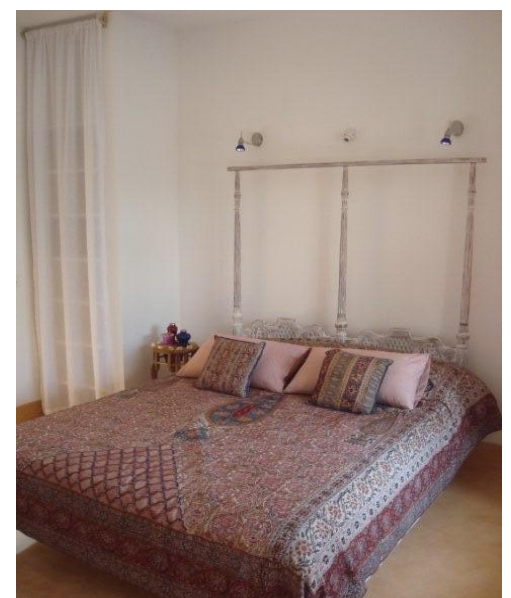
The concept of hotel is rustic and is based on a beautiful village setting in one acre plot with all the rooms nestled between coconut trees and with lots of garden space all around. All rooms restaurant/bar is made of locally available materials with thatched roofs supported by bamboo frames underneath. Most of the outdoor lighting is decorated with lanterns, oil lamps and Torches. All ten cottages are private with en-suite toilet/baths.



Cottage



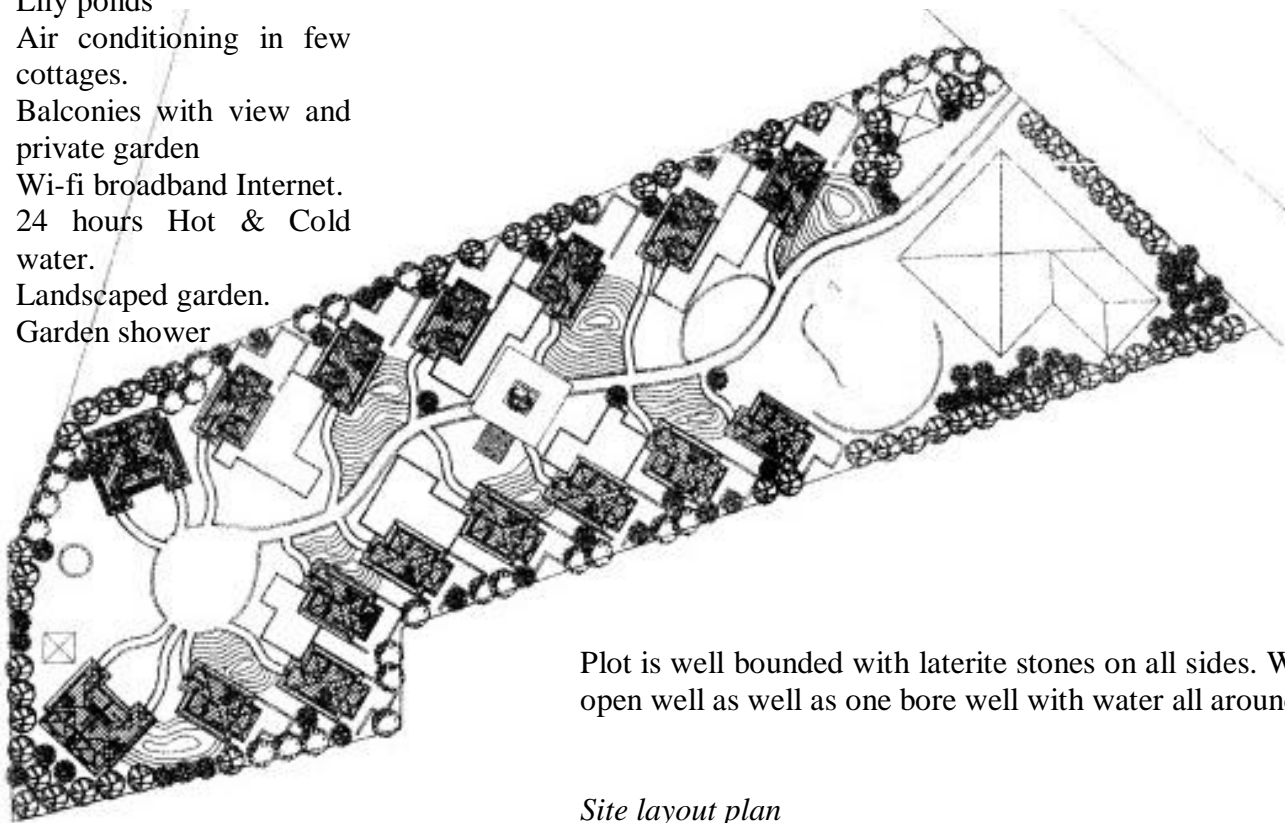
Bathroom



Bedroom

AMENITIES AND FEATURES

- Restaurant and Bar
- Yoga Pavilion
- Day Spa
- Lily ponds
- Air conditioning in few cottages.
- Balconies with view and private garden
- Wi-fi broadband Internet.
- 24 hours Hot & Cold water.
- Landscaped garden.
- Garden shower



Plot is well bounded with laterite stones on all sides. We have an open well as well as one bore well with water all around the year.

Site layout plan

PAM'S YOGA HOLIDAYS 13th FEBRUARY & 6th MARCH 2010

This fantastic price of only £595 for one week includes:

- 7 nights accommodation in a large deluxe hut cabin with Western toilet and bathroom, own balcony and small garden.
- 2 large delicious buffet meals (brunch and dinner) per day.
- 2 yoga Classes am/pm – optional
- Sunrise meditation – optional
- Sunset Meditation – optional
- Discussions and teachings on Meditation & Healing yourself, Mind, body & Soul.(optional)
- Restaurant/Bar on site for any extra food or drink requirements
- Airport Transfer - (I will arrange this for you all once I know who is coming in on what flight)
- Local Taxis service (additional cost)
- Tours & Shopping Guidance
- Ayurveda Massage on site (additional cost)

If you need more information or any advise or help booking your flights or obtaining visa, please ask and I will be happy to assist you.

If you want to come a couple of days before or stay longer there is a supplement of £85 per day and all above is included.

There will also be a trip to an Ashram www.yogashram.in in Manglore during the time between the Yoga holidays.

Please email me for more detail.

I pray Love, light, peace n Harmony fills your life.